

FEELING WORDS

Positive Feelings

calm	playful	understanding	curious
peaceful	courageous	confident	concerned
at ease	energetic	reliable	inquisitive
comfortable	liberated	amazed	inspired
pleased	optimistic	sympathetic	determined
encouraged	impulsive	interested	excited
clever	free	satisfied	enthusiastic
surprised	frisky	receptive	elated
content	animated	accepting	cheerful
quiet	spirited	kind	sunny
certain	thrilled	happy	touched
relaxed	wonderful	loving	challenged
serene	alive	considerate	hopeful
bright	positive	affectionate	intrigued
blessed	eager	sensitive	brave
reassured	earnest	tender	daring
good	intent	devoted	optimistic
strong	close	attracted	certain
secure	loved	passionate	rebellious
impulsive	comforted	admiration	unique
free	thankful	warm	dynamic
sure	important	ecstatic	bold
great	festive	satisfied	tenacious
joyful	glad	lucky	fortunate

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Uncomfortable Feelings

angry	depressed	confused	helpless
irritated	lousy	upset	incapable
enraged	disappointed	uncertain	alone
hostile	discouraged	indecisive	paralyzed
annoyed	ashamed	perplexed	fatigued
upset	powerless	embarrassed	useless
hateful	guilty	hesitant	inferior
offensive	dissatisfied	shy	vulnerable
bitter	miserable	disillusioned	empty
aggressive	disgusting	skeptical	hesitant
resentful	terrible	distrustful	despair
preoccupied	tense	lost	frustrated
cold	sad	unsure	distressed
provoked	tearful	uneasy	pathetic
infuriated	sorrowful	pessimistic	hurt
fuming	pained	victimized	crushed
Indignant	grief	heartbroken	tormented
afraid	anguish	appalled	deprived
fearful	desperate	humiliated	pained
terrified	pessimistic	wronged	tortured
suspicious	panic	alienated	rejected
anxious	nervous	indifferent	injured
scared	shaky	unhappy	offended
worried	restless	lonely	reserved
frightened	doubtful	threatened	bored